

Patient Name:	DR HARISH THAKKER	Male/Female:	Male	Age:	69
Patient ID:	DR HARDIK T	Bed No.:		Department No.:	
Test Begin:	2025/09/04 09:49	Test End:	2025/09/05 10:00	Duration:	24H11M

Patient Information

Address:	MULUND WEST	Height:	172cm
		Weight:	85kg
Out Patient No.:		Nationality:	INDIAN
Admission No.:		Telephone:	9930521417
Email:			

Current Medications

Examine Result

All BP Averages:	124/68mmHg	BP threshold:	130/80mmHg
Day BP Averages:	124/69mmHg	BP threshold:	135/85mmHg
Night BP Averages:	124/66mmHg	BP threshold:	120/70mmHg
Day BP Load Value:Nomal<40%		Night BP Load Value:Nomal<50%	
SYS(>135mmHg) 17.2%		SYS(>120mmHg) 57.1%	
DIA(>85mmHg) 6.9%		DIA(>70mmHg) 14.3%	
Maximum SYS	151mmHg	Time	2025/9/5 06:00
Minimum SYS	98mmHg	Time	2025/9/4 16:00
Maximum DIA	89mmHg	Time	2025/9/4 10:35
Minimum DIA	54mmHg	Time	2025/9/4 15:30
Circadian rhythm of BP:SYS Night Dec.	-0.1%	DIA Night Dec.	4.5%
		Normal:	10%-20%
BP CV:	All:SYS 11.1%	DIA 12.4%	Atherogenic Index: 0.6
	Day:SYS 11.3%	DIA 13.2%	
	Night:SYS 10.2%	DIA 6.2%	

Comments & Diagnoses

Doctor	Assistant	Date	2025/09/05
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Decision Statistics

Samples used/attempted: 36/72 (50.0%)

BP Statistics

Overall Statistics Total Samples Used: 36

	Maximum	Time	Minimum	Time	Averages	SD	SE	CV
Systolic(mmHg)	151	06:00	98	16:00	124	13.8	2.3	0.1
Diatolic(mmHg)	89	10:35	54	15:30	68	8.5	1.4	0.1
Pulse Rate(BPM)	82	13:38	52	03:00	64	6.4	1.1	<0.1
MAP(mmHg)	111	06:00	62	20:00	88	12.3	2.0	0.1
PP(mmHg)	77	06:00	30	10:35	56	--	--	--
Systolic> 135/120mmHg			25.0%	Diatolic> 85/70mmHg			8.3%	

Awake Statistics Total Samples Used: 29

	Maximum	Time	Minimum	Time	Averages	SD	SE	CV
Systolic(mmHg)	151	23:05	98	16:00	124	14.1	2.6	0.1
Diatolic(mmHg)	89	10:35	54	15:30	69	9.1	1.7	0.1
Pulse Rate(BPM)	82	13:38	57	11:30	65	5.9	1.1	<0.1
MAP(mmHg)	111	10:01	62	20:00	88	12.3	2.3	0.1
PP(mmHg)	76	22:01	30	10:35	55	--	--	--
Systolic> 135mmHg			17.2%	Diatolic> 85mmHg			6.9%	

Sleep Statistics Total Samples Used: 7

	Maximum	Time	Minimum	Time	Averages	SD	SE	CV
Systolic(mmHg)	151	06:00	110	05:00	124	12.7	4.8	0.1
Diatolic(mmHg)	74	06:00	60	00:00	66	4.1	1.5	<0.1
Pulse Rate(BPM)	64	05:00	52	03:00	58	4.3	1.6	<0.1
MAP(mmHg)	111	06:00	74	00:00	89	12.3	4.6	0.1
PP(mmHg)	77	06:00	44	05:00	58	--	--	--
Systolic> 120mmHg			57.1%	Diatolic> 70mmHg			14.3%	

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Ambulatory Blood Pressure Summary

Length of study:	24H11M
Number of successful readings:	36

Blood Pressure Load

Systolic BP threshold awake:	135 mmHg	Above threshold: 17.2%
Diatolic BP threshold awake:	85 mmHg	Above threshold: 6.9%
Systolic BP threshold asleep:	120 mmHg	Above threshold: 57.1%
Diatolic BP threshold asleep:	70 mmHg	Above threshold: 14.3%

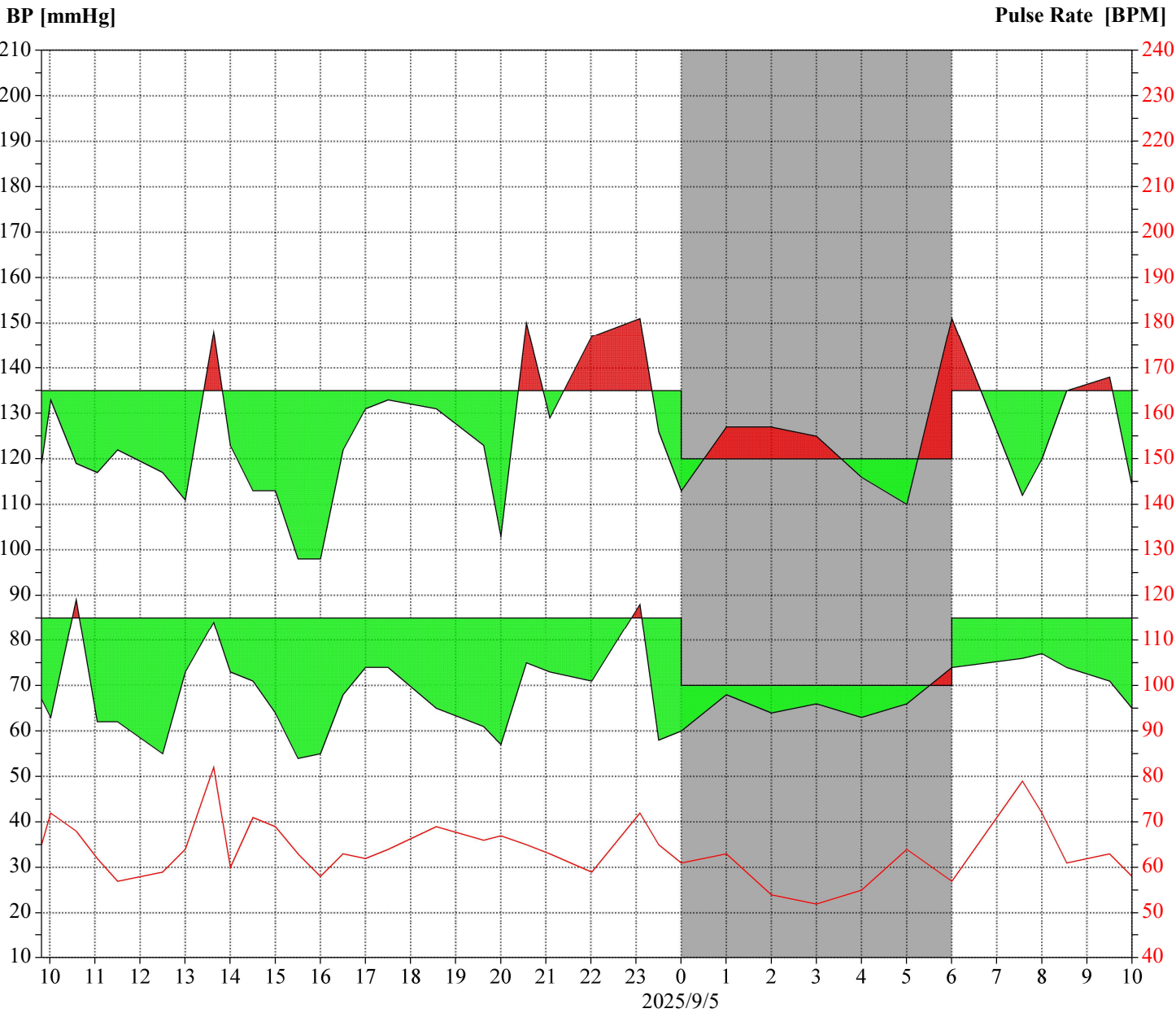
Averages

Awake BP	124/69mmHg	Awake PP	55 mmHg	Awake pulse rate	65BPM
Asleep BP	124/66mmHg	Asleep PP	58 mmHg	Asleep pulse rate	58BPM

Clinical Interpretation

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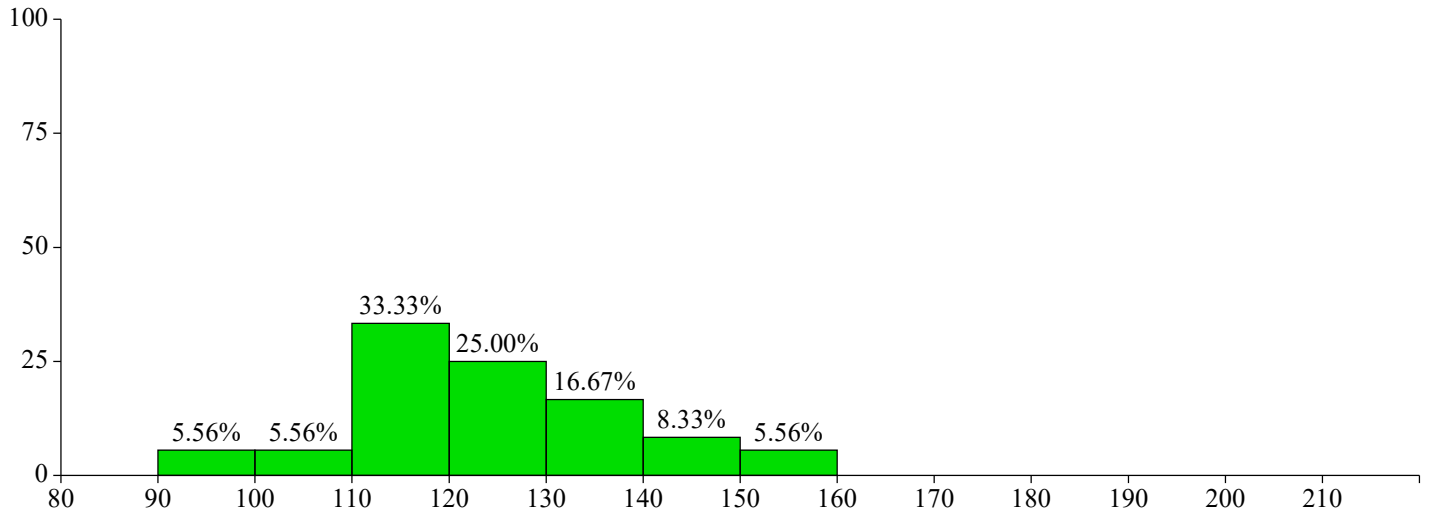
BP Trend vs Time



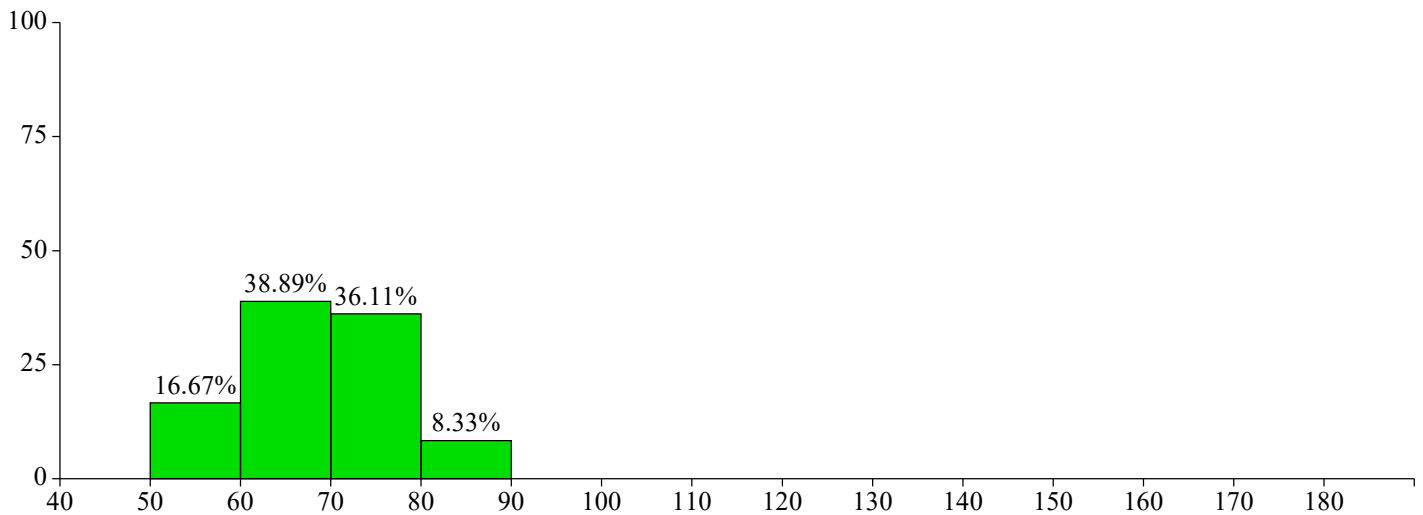
Day Night Time

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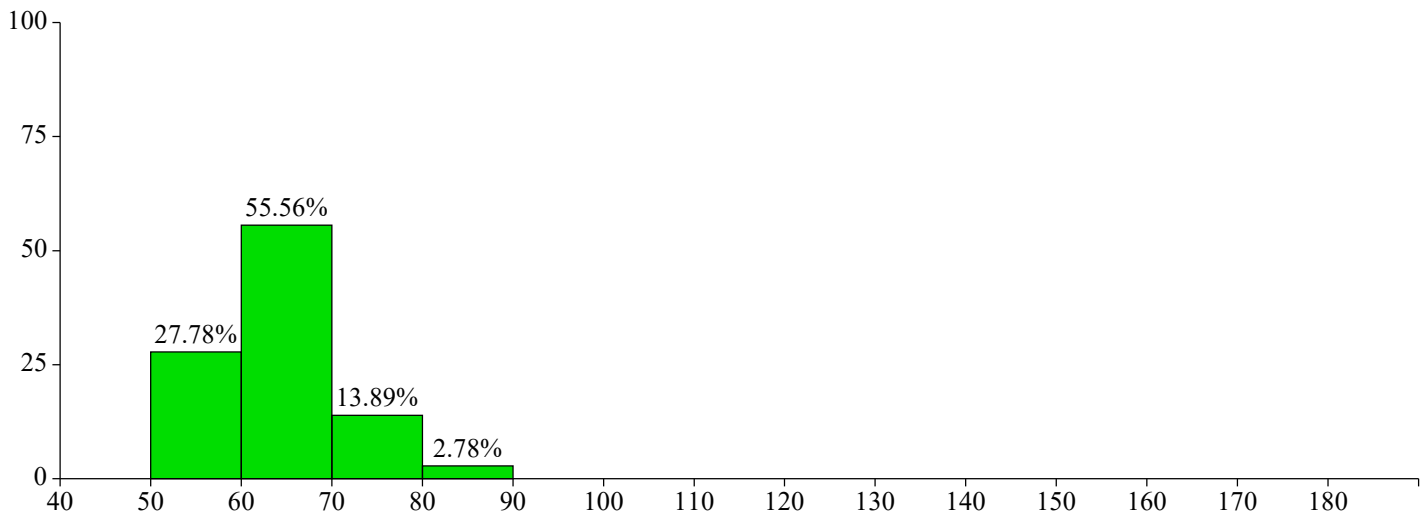
Histogram(All)



Systolic(mmHg)



Diastolic(mmHg)

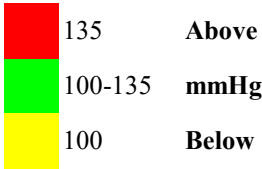
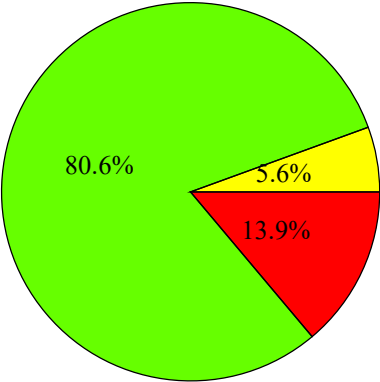


Pulse Rate(BPM)

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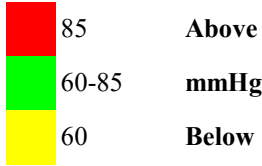
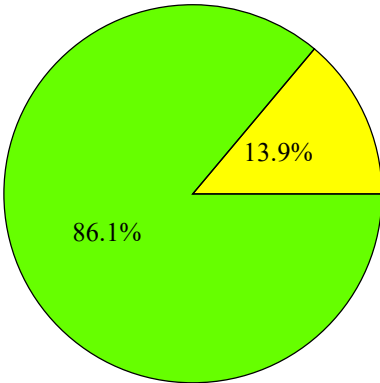
Pie Chart(All)

Maximum: 151(mmHg)(06:00)
Minimum: 98(mmHg)(16:00)
Averages: 124(mmHg)



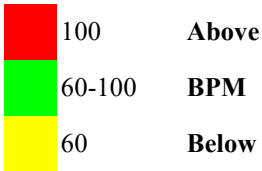
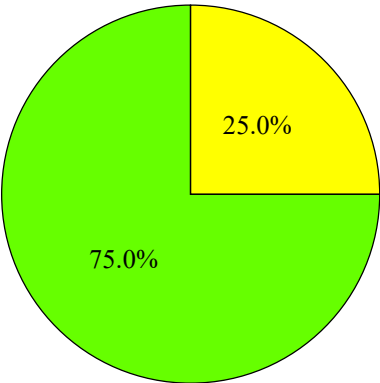
Systolic(mmHg)

Maximum: 89(mmHg)(10:35)
Minimum: 54(mmHg)(15:30)
Averages: 68(mmHg)



Diastolic(mmHg)

Maximum: 82(BPM)(13:38)
Minimum: 52(BPM)(03:00)
Averages: 64(BPM)



Pulse Rate(BPM)

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Measured Data									
Num	Date	Time	SYS	MAP	DIA	PP	PR	State	Comment
1+	2025/9/4	09:49	119	85	67	52	65	0	
2	2025/9/4	10:01	133	111	63	70	72	0	
3++	2025/9/4	10:35	119	100	89 ↑	30	68	0	
4++	2025/9/4	11:03	117	81	62	55	62	0	
5	2025/9/4	11:30	122	87	62	60	57	0	
6	2025/9/4	12:30	117	88	55	62	59	0	
7	2025/9/4	13:00	111	88	73	38	64	0	
8++	2025/9/4	13:38	148 ↑	96	84	64	82	0	
9	2025/9/4	14:00	123	92	73	50	60	0	
10	2025/9/4	14:30	113	85	71	42	71	0	
11	2025/9/4	15:00	113	76	64	49	69	0	
12	2025/9/4	15:30	98	68	54	44	63	0	
13	2025/9/4	16:00	98	68	55	43	58	0	
14	2025/9/4	16:30	122	83	68	54	63	0	
15	2025/9/4	17:00	131	99	74	57	62	0	
16	2025/9/4	17:30	133	101	74	59	64	0	
17++	2025/9/4	18:34	131	87	65	66	69	0	
18++	2025/9/4	19:37	123	73	61	62	66	0	
19	2025/9/4	20:00	103	62	57	46	67	0	
20++	2025/9/4	20:34	150 ↑	109	75	75	65	0	
21++	2025/9/4	21:05	129	90	73	56	63	0	
22	2025/9/4	22:01	147 ↑	87	71	76	59	0	
23++	2025/9/4	23:05	151 ↑	110	88 ↑	63	72	0	
24	2025/9/4	23:30	126	71	58	68	65	0	
25	2025/9/5	00:00	113	74	60	53	61	0	
26	2025/9/5	01:00	127 ↑	103	68	59	63	0	
27	2025/9/5	02:00	127 ↑	85	64	63	54	0	
28	2025/9/5	03:00	125 ↑	84	66	59	52	0	
29	2025/9/5	04:00	116	82	63	53	55	0	
30	2025/9/5	05:00	110	81	66	44	64	0	
31	2025/9/5	06:00	151 ↑	111	74	77	57	0	
32++	2025/9/5	07:34	112	90	76	36	79	0	
33	2025/9/5	08:00	120	98	77	43	72	0	
34++	2025/9/5	08:33	135	90	74	61	61	0	
35	2025/9/5	09:30	138 ↑	86	71	67	63	0	
36	2025/9/5	10:00	114	81	65	49	58	0	